

THE NEW OREGON TRAIL

An Official Publication of
Alpha Rho State, the Oregon State
Organization

Mission: The Society promotes professional and personal growth of women educators and excellence in education.



The Delta Kappa Gamma Society
International for Key Women
Educators

Vision: Leading women educators,
impacting education worldwide.

Winter 2013

Volume 41, Number 1

COME TO CONVENTION 2013! KEYNOTERS WILL INSPIRE YOU!

FRIDAY EVENING
Inge Aldersebaes



In January 2012, Inge Aldersebaes (BS in Exercise Science and Management and MS in Public Health with emphasis in Health Promotion and Education) joined OEA Choice Trust as program manager to oversee the Employee Wellness Grant Program. The goal is to improve the health and well-being of Oregon school employees through grants that focus on empowering and enabling participants to take responsibility for improving their own health within a supportive workplace environment. To date, OEA Choice Trust has awarded a total of 50 grants to 26 Oregon public school employee groups – K-14 and ESDs—touching over 12,000 lives.

Inge served as the co-lead for the Wellness@Work Initiative, a statewide effort to encourage every Oregon employer to build a culture of wellness at work. (cont. p. 3)

SATURDAY MORNING
Dan Jamison



Dan Jamison, Chalkboard Project Vice President, will be our Saturday morning keynote speaker on Chalkboard's **CLASS Project: Empowering Educators to Lead**. CLASS provides teachers the opportunity to collaborate on plans for professional growth and success tailored to local needs. Dan will share how this project is working in Oregon.

PROPOSED CHANGES TO OREGON STANDING RULES

See p. 15 for the proposed changes from our Oregon Finance Committee. Review them within your chapter and then tell your president how you would like her to vote.

SUNDAY MORNING
Dr. Nancy Golden



We are delighted to welcome back Dr. Nancy Golden as a keynote speaker.

Dr. Golden is a TeachOregon Coach and Springfield Public Schools Superintendent. Her 2013 presentation will be **TeachOregon: Preparing the Next Generation of Teachers** that is designed to pilot innovative models to prepare the next generation of teachers for Oregon's (cont, p. 3)

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PRESIDENT'S PAGE

EXCELLENCE THROUGH LEADERSHIP AND ACTION



**Alice
Hartness-
Reichle**

**Oregon
Organization
President**

*The visions we offer our children
shape the future.*

~*Carl Sagan*

As key women educators, we not only offer visions of hope for our students' futures by providing excellent education, but we are also cognizant of the need to sustainably support newer educators and school systems through legislative action, leadership, mentoring, and financial and community service projects at local and global levels. DKG offers extraordinary resources to help make a difference.

Membership provides numerous personal and professional opportunities focusing not only upon each member's personal sense of worth through shared relationships and values, but also upon the Society's global affiliations. Cherish your membership and seek ways you can share the honor of membership with others. Seek out ways to maintain your chapter by sharing the vision and benefits of membership with newer educators, as well as experienced professionals.

The S.E.E. (Supporting Early-career Educators) project is designed to assist beginning educators, but also provides a pathway for each of us to embrace key women educators and honor them with a DKG membership invitation. Turn up the heat in your chapter by being actively involved. Resources for

S.E.E. are on both International and state websites; the State Educational Excellence Committee is ready to assist you.

Strengthen your chapter and Oregon by attending and participating in our well-planned state convention this spring. The schedule is filled with professional opportunities and, yes, FUN! Enjoy diverse and pertinent topics presented by outstanding speakers; attend a variety of workshops; celebrate successes at the Scholarship/Birthday Luncheon; and congratulate your new state officers who will be elected and installed at convention.

Each of us who teach, whatever the subject or field of expertise may be, shares a positive vision for the future of our students as citizens of the world. Our students are too often offered horrific visions of mass shootings, unsafe environments, hunger, abuse, desperate poverty, or destruction of homes, schools, and towns through natural disasters. Such visions are touched by hopelessness. Through our leadership and actions as members of DKG, we are able to offer a



better vision and a better future.

Please do **L.E.A.P. FORWARD: Lead, Empower, Activate, Participate** in 2013! Each word plays a part in providing a vision for the futures of students and of

early-career educators who want to make a difference, but who face many obstacles.

Alice



ALPHA RHO STATE EXECUTIVE BOARD

Ideas? Questions? Concerns?
Comments? Contact us!

President Alice Hartness-Reichle
1825 N.E. Clackamas St.
Portland, OR 97232-1433
503-288-1060
dareichle@comcast.net

Vice President Kathy Martell
State Convention Coordinator
445 Forest Hills Way. NW
Salem, OR 97304-4431
503-363-3125
kkm4dkg@gmail.com

Secretary Raenelle Zumbo
4726 Sumac Ave.
Klamath Falls, OR 97603-8321
541-882-9467
raenellezumbo@aol.com

Treasurer Madaline Lapp
508 Lapp Ln.
Roseburg, OR 97471-9356
541-679-6359
madaline@wildblue.net

Immediate Past President
Bridget E. Honan
4344 Selma St.
Klamath Falls, OR 97603-8572
541-883-5466
bridgetehonan@gmail.com

Parliamentarian Pat Howard
4334 NE 72nd Ave.
Portland, OR 97218-3620
503-288-1389
hpjhoward@aol.com

Editor Marie Mueller
527 Edgewater Dr.
Grants Pass, OR 97527-5489
541-479-6726
cwmueller@charter.net

Administrative Secretary
Jill Snyder
2465 Timothy Dr., NW
Salem, OR 97304-1033
503-588-8514
snyderjrm@comcast.net

Aldersebaes, cont. from p. 1

The public-private partnership, coordinated by the Oregon Public Health Division, aspires to reach one million or more Oregonians through workplace policies and programs that support employees to eat healthier, move more, quit tobacco, and use health care benefits to improve and sustain health.

Prior to Wellness@Work, Inge was associate director for field services with the Alliance for a Healthier Generation's Healthy Schools Program. The Alliance was founded by the W. J. Clinton Foundation and the American Heart Association to address childhood obesity. Inge was responsible for implementation of the "hands-on" Healthy Schools Program designed to create environments that promote physical activity and healthy eating among students and staff. Her team of 40 delivered technical assistance and training to 2900 schools in 36 states.

Inge served as a program evaluation associate with the Northwest Regional Educational Laboratory (aka Education Northwest) for comprehensive reform and school-wide improvement. She has 25+ years of professional experience in public health and education, assisting public and private organizations in developing, implementing, and evaluating programs such as worksite wellness and comprehensive school reform, improvement, and health in Alaska, Oregon, Washington, Montana, and Idaho.

Golden, cont. from p. 1

classrooms. School districts are partnering with universities to develop programs that prepare a diverse and effective workforce to teach in 21st century classrooms.

INTERNATIONAL REPRESENTATIVE Carolyn Pittman



Our International guest at State Convention 2013 will be Vice President Carolyn Pittman from Little Rock, Arkansas. Carolyn grew up in the Texas Panhandle and taught high school English and journalism during her career. She has degrees from the Universities of Arkansas and Mississippi.

Carolyn served as president of two chapters and state president of Arkansas from 1995-1997. In 1990 she participated in the Leadership Seminar in Austin. Elected to the position of Southeast Regional Director in 2004, Carolyn has been a speaker and workshop presenter at all levels of the Society. In her spare time she enjoys live theatre, reading, spending time with family and friends, and solving puzzles.

As International representative, Carolyn will bring us greetings and share about what is happening in DKG. Keeping with our wellness theme, she will also be leading a workshop titled *How Does Your Chapter Feel?* You won't want to miss it! During her workshop, Carolyn will help you look at your chapter's "health" goals.

SATURDAY ROSE BANQUET SPEAKER



Rob Saxton

Rob Saxton, Deputy Superintendent of Public Instruction, will be our keynote speaker at the Rose Banquet. His topic *Standing on the Bridge of Educational Excellence* will be part of our celebration of members who have a doctorate or who have received National Board Certification.

As Deputy Superintendent, Rob oversees the education of more than a half-million students in over 1,200 public and charter schools. He works closely with Chief Education Officer Rudy Crew on implementing changes to the Oregon education system to better align services, supports, and funding from pre-kindergarten through higher education to help the state reach its 40-40-20 goal.

Before joining ODE, Rob worked many years in Oregon schools and districts. The seven years prior to ODE he served as the superintendent of the Tigard-Tualatin School District, a district recognized as a state leader in successful student outcomes in reading, math, science, and graduation rates. He truly knows about "Standing on the Bridge of Educational Excellence!"

Delta Kappa Gamma
Society International
Alpha Rho State Convention

May 3-5, 2013



Red Lion Hotel on the River

909 N. Hayden Island Dr.
(Jantzen Beach)
Portland, Oregon 97217-8118
503-283-4466

2013 CONVENTION SCHEDULE

PRINT name as you wish it to appear on badge.

Dr. _____
Last name First M.I.
Address _____ City _____ State _____ Zip _____
Phone _____ - _____ - _____ E-mail address _____ Chapter _____

PLEASE CHECK ALL THAT APPLY:

____ Current Chapter President ____ State Exec Officer (position) _____ ____ became a member in 1963
____ Proxy for Chapter President ____ State Committee Chair (position) _____ ____ became a member in 1988
____ Past State President ____ Convention First Timer ____ new member since 4/1/12
____ Plan to sing with **Alpha Rhosies** at the White Rose Ceremony ____ 1st sop. ____ 2nd sop. ____ alto

MEDIA PERMISSION: Please check all that apply: I give permission for the use of the following in Delta Kappa Gamma, Alpha Rho State Publications and Website: ____ name ____ address ____ mailing address ____ electronic address ____ phone numbers ____ photograph

CONVENTION REGISTRATION

| Registration Fee: Required of all Members | COST | AMOUNT |
|---|---------|----------|
| Early Bird – Postmarked on or before April 11, 2013 | \$50.00 | \$ _____ |
| Postmarked after April 11, 2013 | \$59.00 | \$ _____ |

** Spouses and guests are welcome at all functions.

** Please indicate if you need special accommodations due to mobility, oxygen tank use, hearing, vision, or other such health concerns: _____

** Please indicate if you are interested in obtaining **Professional Development Units (PDU’s)** for state licensure for the eligible workshops. (Free to registered members.) Yes ____ No ____ (PDU offerings will be listed in the program at convention)

MEALS

| | Cost | x Quantity | TOTAL |
|---|---------|------------|----------|
| Birthday Scholarship and Awards Luncheon | \$27.00 | _____ | \$ _____ |
| (Check one) ____ Fire Roasted Vegetable Sandwich ____ Herb Roasted Turkey Sandwich | | | |

| | | | |
|---|---------|-------|----------|
| Rose Banquet | \$44.00 | _____ | \$ _____ |
| (Check one) ____ Hazelnut Crusted Chicken ____ Grilled Vegetable Tower | | | |

| | | | |
|---|---------|-------|----------|
| Friendship Breakfast | \$24.00 | _____ | \$ _____ |
| (Check one) ____ Garden Frittata ____ Willamette Valley Fresh Scrambled Eggs and Bacon | | | |

| | | |
|---|--|----------|
| Tour of Portland’s Transitional School – 2 p.m. Friday | \$5.00 per person - must register & pay here | \$ _____ |
|---|--|----------|

| | | |
|---|------------------------------|-----------------|
| Checks made payable to Alpha Rho State Convention 2013 | TOTAL AMOUNT ENCLOSED | \$ _____ |
|---|------------------------------|-----------------|

Mail registration form and check to:

registrar: Carol Cushman
4207 N. Colonial Ave.
Portland, OR 97217-3340
503-288-3888

Cancellation policy: Written requests for cancellation must be received by the registrar not later than April 23, 2013, to receive a refund. No refunds will be made after the cancellation date. Please try to get someone from your chapter to take your place. Hotel accommodations must be cancelled separately by the participant.

For Reg. Committee only:

Check # _____
Date of check _____
Date rec’d _____

PLEASE KEEP A COPY FOR YOUR RECORDS

Friday, May 3, 2013

- 3 - 6:45 p.m. Registration/Info Booth
- 3 - 6:45 p.m. Silent Auction/Boutique Open
- 3 - 6:30 p.m. Chair Massage with Kendall Hutchison (sign up at Reg. Desk)
- 2 - 6:45 p.m. Hospitality Room Open
- 2:00 p.m. Tour Transitional School
- 7:00 p.m. Keynote Speaker: **Inge Aldersebaes**, MPH, CHES
Healthy Educators, Healthy Schools, Healthy Future

Whole Foods presents: “Healthy Food Samples and Recipes” after the session.

- 8:30 - 9:30 p.m. Silent Auction/Boutique Open
- 8:30 - 10 p.m. Hospitality Room Open

Saturday, May 4, 2013

- 7 a.m. - Registration Open
- 7 - 7:45 a.m. Silent Auction/Boutique Open
- 6:30 - 7:45 Hospitality Room Open/Breakfast
- 6:30 - 7:00 Early morning “dance and juggling” with Sally Neff, Alpha Delta/5
- 8:00 - 8:45 Keynote Speaker: **Dan Jamison**, Chalkboard Project Vice President
Chalkboard’s CLASS Project: Empowering Educators to Lead
- 9:00 - 9:45 Workshop I (3 choices)
- 10:00 - 10:45 Workshop II (3 choices)
- 11:00 - 11:45 Workshop III (3 choices)
- 12 - 2:00 p.m. Birthday/Scholarship Luncheon
- 2:00 - 2:25 Silent Auction/Boutique Open
- 2:30 - 4:30 General Session/Business Meeting; Greetings from International (C. Pittman)
- 4:30 - 5:30 Silent Auction/Boutique/Hospitality Room Open
- 5:00 - 6:00 Rehearsals
- 6:15 - 6:45 Reception/Open Bar
- 6:45 - 7:00 Installation of New State Officers
- 7:00 - 7:30 Entertainment
- 7:30 - 9:30 Dinner/Speaker/Celebration

Speaker: **Rob Saxton** : *Standing on the Bridge of Educational Excellence!*
Celebration of Doctorates and National Board Certifications

- 9:30 - 11:00 Hospitality Room Open

Sunday, May 5, 2013

- 7:30 a.m. White Rose Ceremony
- 8:00 a.m. Breakfast
- 8:30 - 9 a.m. Executive Board Meeting
- 9:15 - 10 a.m. Keynote Speaker: **Dr. Nancy Golden**, TeachOregon Coach and Springfield Public Schools Superintendent
TeachOregon: Preparing the Next Generation of Teachers
- 10:15 - 11 a.m. Keynote Speaker TBA – Governor Kitzhaber has been invited to speak.
- 11:00 - 11:30 Closing Remarks

WONDERFUL WORKSHOPS TO AWAKEN YOUR CURIOSITY

1. Educational Excellence: Brain Gym for Whole Brain Learning

Leadership Development Comm.
Peggy Cowens (Omega),
Elaine Hall (Kappa), and
Linda St. Pierre (Beta)

This is a *highly* interactive workshop that uses techniques for energizing your brain, reducing stress, and re-patterning your brain for whole brain functioning. Whether you are a busy classroom teacher or a busy retired educator, this workshop has application for centering your life and creating an effective environment for student learning. You will have fun, learn more about how the brain functions, and leave feeling great!

2. Educational Excellence: Working with Special Needs Students: Why Do They Do That?

Dr. Nancy Zemirah (Beta Beta) and
Arthella Starke, Sherwood School Dst.

Neuroscience helps us understand that children with ADHD have differences in their brains that result in behaviors that cause problems socially, emotionally, and in the classroom. These kids are not misbehaving, but are driven by impulses out of their control. Understanding the nature of the ADHD brain is the first step in helping them. We will help you understand the major differences between brains of typical students and those with ADHD. We will give you tools to help these students understand and manage their behavior while maximizing their potential in the classroom.

3. Educational Excellence: Reach out and Read & Early Brain Development

The Oregon Pediatric Society

This workshop explains the successful Reach Out and Read program model. Topics will include why it is effective, the research base, and effects on long-term outcomes for children.

4. Community Resources: Options for Senior Living

Meredith Williamson, JD, President
Choice Senior Services LLC

This timely workshop will discuss senior housing options in Oregon, including community living and aging-in-place. Discussion on planning and what to do in emergency situations is included. The speaker will provide tips on speaking with your loved ones about senior housing, keeping the stress level low, and keeping the caregiver healthy.

5. Community Resource: Healthy Backs and Injury Prevention

Kara Schuft
Doctor of Physical Therapy

Who doesn't develop aches and pains after a day at work? Teaching professionals are often on their feet, and faulty movement patterns can develop over time that wreak havoc on our bodies. Come learn how to properly take care of your back and spine. In the spirit of maintaining wellness, find techniques to prevent injury and learn correct movement patterns for on-the-job activities. Wear comfortable, active-wear clothes.

6. Community Resource: Moving for Better Balance

Barbara Meredith (Epsilon) and
Dolores Scheelen (Epsilon)

This evidence-based, fall-prevention program uses gentle and graceful movements derived from Tai Chi. Mini therapeutic movements and fall

prevention strategies are employed. Each participant has the use of a chair for part of the session and has the option of remaining in the chair for the entire session. Wear comfortable, active-wear clothes.

7. Reducing Stress: Current Topics on Cardiovascular Disease and Women

Christopher Lee, PhD, RN, FAHA
OHSU School of Nursing

Dr. Lee, a nurse-scientist, will provide a layperson-oriented workshop that will entail an overview of cardiovascular disease among women and will highlight latest research findings on the prevention of cardiovascular disease as well as gender differences in the presentation of cardiovascular disease. The concepts of global cardiovascular risk and ideal cardiovascular health will be reviewed, and evidence-based resources for estimating and managing cardiovascular risk will be provided.

8. International Speaker: How Does Your Chapter Feel?

Carolyn Pittman
International Vice President

Chapters require health checkups just as our bodies do. We will discuss the chapter environment and group dynamics, check up on the current regimen, and consider some healthy chapter practices. How do we take care of our members? What's the big picture? What are our "health" goals?

9. Community Resource: Playworks

Dr. Philip Wu, retired Kaiser
Permanente Pediatrician, and
Jonathan Blasher, Playworks

Playworks is a national nonprofit

that reduces playground bullying and conflicts and improves school climate through fun, healthy, inclusive games and physical activity. Their mission is to improve health and well-being of children by increasing opportunities for physical activity and safe, meaningful play. At this workshop, participants will learn how recess and the power of play can change student participation, build teamwork, resolve conflict, increase physical activity, and change the school climate. Participants learn games and methods that Playworks uses to engage children and educators in schools.

ALPHA RHOSIES

The Alpha Rhosies will be singing at State Convention for our White Rose Ceremony on Sunday morning. If you are interested in participating in this special event, please sign up on the registration form. Music will be sent to you by e-mail.

TOUR the
Community Transitional School

- How will I get to school?
- Will I be able to stay in my school?
- How will I make friends when I have no home?
- How will we eat?
- My clothes are old and dirty. Will other kids make fun of me?

These and many more questions are some of the worries young people have as a result of homelessness. To ease these worries, the Community Transitional School was begun. It serves K - 8th grades. Bus service is provided for all children and is restructured daily to accommodate frequent moves. Breakfast and lunch are provided each day and a clothes closet is available.

To learn more, join us for a tour on **Friday, May 3, 2013, 2 p.m.**, at the DKG State Convention. Sign up on the convention registration form and pay your \$5.00 when you register. Transportation will be decided once we have an accurate count of how many will be taking the tour.

EARLY MORNING EXERCISE

Get ready for a day filled with learning! Join other DKG sisters for light, early morning exercise! **Sally Neff**, Alpha Delta/5, will help get Saturday morning started right with a little dancing, stretching, and scarf juggling! Check your convention program for the time and place. See you there!

SILENT AUCTION

Pi Chapter of The Dalles invites each chapter of Alpha Rho State and any interested individual members to help make our 2013 Silent Auction a grand success this spring. Proceeds support Alpha Rho's scholarship funds, and \$600 will go toward offering one \$100 award per district to aid a chapter with their S.E.E. program (Supporting Early-career Educators). We are asking each chapter to contribute a basket and/or other items to the auction. The theme is "Health and Wellness."

A wide variety of choices will attract convention attendees. Please consider creative combinations in a basket: art items, homemade items, or any lovely item that attendees will not be able to resist. Your donations will be accepted Friday, May 3, in the afternoon at convention registration. If you are unable to attend Friday, please bring your donated items to the silent auction room on Saturday, May 4, in the morning. The silent auction will remain

open during non-session hours and will end at 6 p.m., Saturday. Items will be ready for payment and pick-up that evening.



Thank you so much for your support of this important fund raiser. Questions? Call Beth Kaser, Silent Auction Committee Chair, at 541-980-8854.



Thank You, Oregon!

Thank you, Oregon Financial Awards Committee, for awarding me the Commemorative Scholarship of \$3000. This will help me to further my education at George Fox University in Newberg in my pursuit of an administrative license. DKG has not only provided me with financial support, but also with leadership experience, giving me the confidence to pursue this role to become a leader of schools. Through meetings and conferences, I have met many great women leaders and am proud to be among these DKG ladies.

Shalese Stroup, Alpha Delta, Salem

NOTES TO NEWCOMERS
(First-Time Convention Attendees)

To help make your first Alpha Rho State Convention a pleasant and comfortable experience, review the following tips and information. If you have questions, please ask a chapter sister who has attended a previous convention. At convention, hostesses will be happy to answer questions. Have a memorable experience that supports your personal and professional growth as a key woman educator!

Assigned Seating: The only events with assigned seating are meals. Your table assignment is designated on your meal ticket. If there is no designation, choose your own table. If there is a head table, nameplates indicate seating assignments.

Dress Code: There is no particular requirement, but most attendees wear business casual clothing for the on-site meetings and workshops. The Rose Banquet is more formal and most members and guests dress accordingly. Key pins are worn to all events with the exception of the Rose Banquet, when many members choose to not wear key pins or nametags to protect finer clothing.

Friday Night Keynote Speaker: Casual clothes are the norm, as many go to the event directly after arriving, often after a long road trip. The speaker will kick off this year's theme for convention by her presentation on *Healthy Educators, Healthy Schools, Healthy Future*.

Hospitality Room: Take time to visit the hospitality room and visit with sisters there. They will have a warm welcome, great refreshments and interesting conversation. This is a good way to meet new friends and "break the ice" when you may feel displaced or a bit unsure. It's a fine place to

relax. If you prefer a lighter breakfast on Saturday morning, you will likely find what you want there.

Birthday Luncheon Tips: Don't eat your dessert until the ceremonial birthday candle has been lit and the birthday song is sung. Baskets are usually passed during the program to collect donations for State Scholarships & Financial Awards. Individuals and/or chapters may put cash or checks into these baskets. Indicate which fund your money should go into, if you have a preference. First-timers are often recognized at lunch, so prepare to be recognized as a group.

Nametags & Meal Tickets: Nametags are usually on an elastic string, worn on the neck. Participants need to wear official nametags for on-site activities, particularly business sessions. While they need not be worn if you are away from the hotel, it is a nice advertisement for DKG to alert businesses and local citizens to the reason you are visiting their city. Meal tickets will be collected at each meal and are conveniently stowed behind your nametag. Remember to bring your banquet ticket with you, as you probably will not be wearing your nametag for that event.

Official Pins: Please wear your key pin and nametag to convention functions, with the exception of the Rose Banquet. The key pin is normally worn on the left side with nothing above it. A chapter president's pin is worn directly beneath the key pin. Ribbon badges are available for purchase and are convenient for protecting clothing. After your first convention, the Oregon umbrella pin is usually worn beneath the aforementioned pins.

Registration/Check In: You must register to participate in convention business. Pick up your convention packet and program at the convention

registration table. (This is not to be confused with the hotel registration desk!) Inside you will find an envelope with meal tickets, your official nametag, and a set of annual reports. We encourage you to bring a bag to convention to carry registration materials and other items you might collect.

Timing: It's a good idea to arrive at events a few minutes early to be seated before the presider begins. Personnel keep things on schedule, especially at business sessions and workshops.

Voting: Registered members are entitled to vote on all issues during general business sessions. Following *Robert's Rules of Order* procedures, any registered member can address the Chair with comments or ask for information. At an Executive Board meeting, all members are welcome and encouraged to attend; however, only the chapter presidents, past state presidents, and state officers may vote.



EDUCATIONAL FOUNDATION
APPLICATION SCHEDULES

Jan. 3, Feb. 1, May 1, Sept. 1:
Cornet Individual Professional
Development Awards aps due

November 1: Cornet Professional
Development Seminar Awards aps due

See additional information and
applications at dkgef.org

BLOCK PARTY!!

Join your DKG sisters at the "Block Party" during convention and maybe you will win a prize! By being an "Early Bird" and registering for the Alpha Rho State Convention 2013, as well as reserving a room at the Red Lion on the River in Portland by April 11, you are entitled to be part of the party and eligible for prize drawings. When reserving your room, please tell the Red Lion the names of everyone in your room so all can enjoy the fun of the party.

Filling our reserved block of hotel rooms allows Alpha Rho State to have convention meeting rooms for a lower fee. Complete the convention registration form, send it with your check, and have it postmarked by April 11. Reserve your hotel accommodations at the Red Lion on the River and join in the fun. Be sure to say you are from Delta Kappa Gamma when you call or e-mail the hotel to get the special rates. The place to be is on **THE BLOCK** and helping Alpha Rho State!

RED LION RESERVATIONS ARE NOW OPEN!

Red Lion Hotel Reservations

- Online and phone reservations now accepted:
- Register online at:
<https://resweb.passkey.com/go/DeltaKappaGamma13>
- Toll-free Phone Reservations: 1-800-RED-LION
- Local Phone Reservations: 503-283-4466

Standard: Single & Double \$116--Triple \$131--Quad \$146
Riverview: Single & Double \$126--Triple \$141--Quad \$156

Plus 14.5% local taxes and fees



WILL YOUR CHAPTER WIN A
S.E.E. \$100 DRAWING?

To embrace the Society's vision, *Leading Women Educators Impacting Education Worldwide*, the Educational Excellence Committee established the initiative to Support Early-career Educators (S.E.E.). The 2012 International Convention voted unanimously to adopt the project as a second international project.

Alpha Rho State chooses to support the International project by using a portion of funds from the silent auction at the 2013 convention. Chapters that already support the project can enter a drawing to win \$100 continue their work. One chapter name per district will be drawn.

With six districts in Oregon, \$600 will be given out. Get those projects going and, when you get to convention, enter your chapter into the drawing! Good luck!

BOOKS~BOOKS~BOOKS



for Students of the Portland
Transitional School

The Portland Transitional School serves homeless children K-8 and is one of only a few of its kind in larger U.S. cities. Portland is blessed to have educators who helped make this

school a reality. When attending convention, please bring a book to donate to the school's library or classrooms. Please also include a name plate indicating that the book is a donation from DKG. If you wish to bring extra books to be given to the children, choose paperbacks which are light and easy to carry around; these children live in cars, on the streets, or in transient homeless shelters and have little room for extras.

Watch for *Return to Ethiopia* by Natalie Garrett (Epsilon/2) in the June edition of the *Trail*. She will tell you how the nation has changed since she served in the Peace Corps.

UNIQUE BOUTIQUE NEWS

New items at the boutique include our “rose” bag (a handy shopping bag that folds to a small rose that can clip to your purse) and a stylus for texting or writing on a smart phone, iPad®, Touch Kindle®, etc. At only \$5, these fun items are bargains! Our comfy, ¾ sleeve, V-neck T-shirt and cozy fleece vests and jackets are popular items, and our best seller continues to be ribbon name badges—a thoughtful gift for new members.

Remember, profits support the Boutique Treasure Scholarship – a stipend offered to first-time attendees at International or Regional conventions or trainings. To support our goal of offering the most money to the most people, invite the Boutique to one of your chapter and/or district events. The Boutique was at the Fall Leadership Conference and the PAC Brunch, and we’d love to set up shop for you! Contact Catie Thurber Brown at roncatiebrown1@msn.com or call 503-981-0073 to make arrangements.

We’ll be ready with a good selection for you at the 2013 Convention, so stop by the Unique Boutique to buy a treasure. You’ll help a sister offset the cost of attending Northwest Regional at Cheyenne, Wyoming, on July 31-August 3 this summer!



LEGISLATION DAY 2013

See you in Salem? Monday, February 11, meet at 8 a.m. in the Capitol rotunda for our 3rd annual Legislation Day. If you want a confirmed or extended visit with your local legislator, call for an appointment in the afternoon. If you have questions or plan to attend, call Bonita Fillmore at 541-884-2374 or email bfillmore55@q.com

MEMBERSHIP INFORMATION!

Check out www.dkg.org. You’ll find information on chapters, celebration of life, initiates, member stories and special topics. A recent question was, “Can we recognize as a white rose an an elderly member whose family chose not to pay her dues?” The answer is “Yes.” As Cyndy Moore, International Membership Committee, said, “Once a member, always a member. Be sure to turn in Form 6.”

Chapter Membership Chairs: The International Membership Committee would like to contact you. E-mail Cyndy Moore at cpmoore@myaccess.ca and Kaye Jones at swmscteach@aol.com.

STRESSED? WE HAVE A SOLUTION!

Start the 2013 Convention relaxed and ready to enjoy every learning and networking opportunity. Kendall Hutchison, Licensed Massage Therapist, will provide a 10-minute chair massage for only \$10 on Friday from 3:30 - 6:15 p.m. Beginning at 1 p.m., on May 4, sign up at the registration desk for one or more appointments. Bring cash or checks for payment. Let Kendall make your stress float away!!

Appointment Opportunities

3:30 - 3:40
3:45 - 3:55
4:00 - 4:10
4:15 - 4:25
4:30 - 4:40
4:45 - 4:55
Break
5:15 - 5:25
5:30 - 5:40
5:45 - 5:55
6:00 - 6:10
6:15 - 6:25.

ARE PDU’s for YOU?

Professional Development Units Update

The TSPC website has the most current information regarding PDU’s and approved domains for awarding them.

1. http://www.oregon.gov/tspc/Pages/PDUs_Group_1.aspx
2. http://www.oregon.gov/tspc/Pages/PDUs_7_Domains.aspx

Chapters may award PDU’s for educational offerings. The certificate, process and annual report information are on the website at <http://www.deltakappagamma.org/OR>; select Forms (there are two documents).

1. Contact TSPC if you have questions about PDU’s and licensure.
2. Contact Shirley Anderson if you have questions about the Alpha Rho State process (shirleyanderson@comcast.net)

Chapter Presidents Who Have Awarded PDU’s: By June 1 submit your annual PDU report, using the form on the state website, to **Dr. Shirley Anderson:** shirleyanderson@comcast.net.



TECH COMMUNICATION Keep Up With DKG in 2013!

The DKG app is available through the Apple App store or the Google Play. Be smart and have DKG on your smart phone!

Do you use the DKG social networking sites? Do you blog with our International President Dr. Beverly Helms? Stay connected with DKG!

NOMINEES FOR OREGON STATE ORGANIZATION OFFICES

NOMINEE FOR PRESIDENT



Mrs. Kathy Martell

Kathy Martell, Alpha Epsilon/5, is currently Oregon Vice President and Convention Chair. She taught elementary school and Title 1 in Salem-Keizer for 30 years, retiring in 1999. Kathy received her B.A. and M.S. in Education at Western Oregon University. During her career, Kathy received one of the first Crystal Apple Awards honoring 24J employees.

Joining Alpha Epsilon in 1987, Kathy served as president and co-president for 8 years. At state level, Kathy chaired committees and now enjoys helping local chapters host state meetings.

The DKG Educational Foundation helped Kathy and Alpha Epsilon sponsor many literacy projects in Salem-Keizer. Funds from the current grant, “The Little House of Literacy / La casita de literatura,” helped Kathy develop a neighborhood library, Family Literacy Night, and library checkouts for the Community Action Head Start Program. All are very successful in this multi-cultural community and help share Kathy’s love of reading.



NOMINEE FOR VICE PRESIDENT



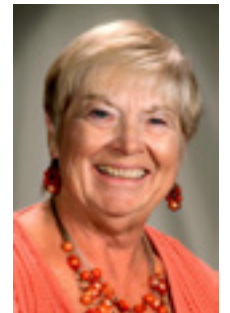
Dr. Cindy Ryan

Dr. Cindy Ryan, currently Vice President of Alpha Epsilon/5, was initiated into DKG in 2008 while living in Minnesota. Cindy moved to Oregon in 2011 where she is an Early Childhood professor at Western Oregon University. Dr. Ryan recently received the NAECTE/Pearson Outstanding Dissertation Award for her work *Head Start Teachers’ Beliefs and Practices Related to Positive Teacher-Child Relationships in the Classroom*.

As a member of DKG in Minnesota, Cindy brought attention to a project that supported families in crisis who had young children. She connected her DKG chapter to the families; chapter members rallied by supplying children’s books and other items throughout the year.

As a member of Alpha Epsilon, Cindy has built connections between her WOU classes and DKG to support the La Casita project, works with Salem-Keizer Head Start Health Fair, and supports a variety of early literacy initiatives. To learn more about Cindy, visit her blog: <http://drcindyryandotcom1.wordpress.com/>

NOMINEE FOR VICE PRESIDENT



Ms. Raenelle Zumbo

Raenelle Zumbo, Alpha/2, is Professor Emeritus with the Oregon Institute of Technology, Communication Department. She began teaching in 1969 in Compton, CA, and retired from OIT in 2008. She is currently an adjunct faculty member at OIT. Raenelle joined DKG in 1996, serving as president, 1st & 2nd vice president, and other chapter positions. Other vice president duties include Camp Fire and Klamath Youth Symphony boards of directors. She has recently been Secretary, Communications Chair, and World Fellowships/International Projects Chair for Alpha Rho State.

Raenelle and husband Bob have two daughters and six grandchildren. Their younger daughter is a teacher and DKG member in Thousand Oaks/Westlake Village, CA, making six generations of teachers in the family! She serves on the Women’s Ministry team at church and enjoys activities like jet skiing, reading, and tatting.

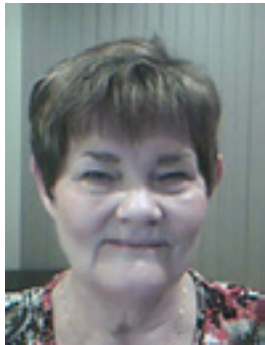
COMMITTEE CANDIDATES

FINANCE COMMITTEE

| Dst. | Name |
|------|--------------------|
| 1 | Vickie Jackson |
| 2 | Maureen Haugen |
| 3 | Christine Luehring |

NOMINEES FOR OREGON STATE ORGANIZATION OFFICES, cont.

NOMINEE FOR SECRETARY



Ms. Sandy Watts

Sandy Watts has been a member of Alpha Omicron/4, Scappoose, for 26 years. She served as chapter President, Vice-President, and Recording Secretary for four years each. She is the Newsletter Editor and set up and maintains the Web site as Chapter Webmaster. Sandy has also been active at the state level, serving as District 4 Coordinator and Membership Committee Chair, each for two bienniums. She is currently on the Alpha Rho State Financial Awards Committee. Sandy has attended many state and international conventions and regional conferences and has served as timekeeper and on minutes review committees.

After earning her B.S. from Portland State University, Sandy taught elementary grades in St. Helens for 31 years. Named "Head Teacher" in her building, she filled in for the administrator in his absence. She wrote district curricula in math, language arts, and social studies. Following her retirement, Sandy substituted for several years and now enjoys volunteering as part of her T.H.A.T. and S.E.E. contributions.

NOMINEE FOR SECRETARY



Ms. Kaye Jones

Kaye Jones has been in DKG since 1983, when she was initiated into Alpha/2. She later transferred to Kappa/3. Kaye has held offices in both Alpha and Kappa and is currently Kappa's treasurer. At the state level, she has served as hostess at conventions, has been chair of Communication and presently of Membership Committee. This past summer Kaye attended Golden Gift Leadership Management Seminar in Austin, TX.

Having earned her BA and initial Teaching Certificate at California State University, Chico, and her MED in Special Education from the University of Oregon, she retired from Special Education Self-contained Classroom in 2004. Kaye is still active as a substitute teacher, is a test item reviewer, and is a member of the Common Core State Standard Stewardship Committee.

Kaye is traveling to Sierra Leone, Africa (between Liberia and Guinea-Bissau), in February to train head teachers in church-sponsored schools.

COMMITTEE CANDIDATES

NOMINATIONS COMMITTEE

| Dst. | Name |
|------|-----------------|
| 1 | |
| 2 | Bonita Fillmore |
| 3 | Kathy Howard |

BETA BETA TEA May 18, 1 p.m., Tigard

Please join Beta Beta for their Bien-nial Spring Tea this May. All profits assist women majoring in education. Contact **Nancy Lewis** (nancyjolewis@gmail.com) or **Norma Wetzell** (normawetzell@comcast.net) if you wish to reserve space(s). Tickets are limited, so act now!



NORTHWEST REGIONAL CONFERENCE CHEYENNE, WYOMING July 28 – August 3, 2013

In order for the tour company to arrange for buses, registration and payment for tours, members must have their deposit in by April 15, 2013. Call or email Kari Moss at Capitol Tours & Travel for tour and travel information: kari@capitoltourstravel.com 1-800-247-7148 or 1-307-632-7878

THE UNITED NATIONS & DKG

According to Mr. R. Damodaran from the United Nations (speaking at the 2012 Int'l Convention), governments today must join with creative academic communities to eradicate poverty and educate citizens, just as DKG has done with Schools for Africa. Our name reaffirms this:

- **Delta:** discovering education, learning, training, achievement;
- **Kappa:** knowledge as people-power advocates;
- **Gamma:** giving more, always.

CHAPTER CHATTER

District 1

Iota (Umatilla & Morrow Cos.): Have you hugged a clown today? Iota honored Sparkle, the clown who visits hospitals and fairs in our area. She knows a smile and a hug go a long way to heal the hurt!

Zeta (Union Co.): members enjoyed a traditional Thanksgiving dinner. La Grande Public Librarian Terri Washburn was the speaker, sharing new library technology available to patrons. Past Zeta members were invited to the well-attended Christmas Social where everyone enjoyed an evening of music, readings, food, and visiting. Our philanthropic project provided books to both La Grande's and Elgin's high school libraries. January brought an opportunity to tour the newly renovated library at Eastern Oregon University.



President Connie Slater, reserve member Joanne Wiseman, and Korinne Madsen

District 2

Alpha (Klamath Co.): welcomed Oregon State President **Alice Hartness-Reichle** in September when we focused on the robotics team based at Eagle Ridge High School. Before the meeting, President Alice and some Alpha members were able to play with Mr. Pickles, the robot our local team took to national competition. The team's success was awesome, especially as they were participating for the first time.

President Alice discussed International

and State action plans that help us focus on Educational Excellence and S.E.E.

Epsilon (Medford & Ashland): had a delightful gathering on December 16. A Christmas luncheon was enjoyed by members in the attractively decorated Skyline Plaza. We were entertained with Christmas carols sung by the chapter's grant-in-aid recipient, and her madrigal singers--beautiful voices and superb harmony. After a delicious lunch, the chapter sang more carols themselves!

Omega (Josephine Co.): initiated two highly qualified, personable women on Dec. 8: **Marjorie Wiley** and **Cecelia McKee**, both employees of Three Rivers School District. Past-President **Peggy Cowens** is now an official Oregon Data Project Trainer, one who helps schools analyze data to improve student achievement.

District 3

Gamma (Lane Co.): shared a potluck dinner at their first meeting where they enjoyed a variety of salads and desserts provided by retired members. October's focus was creating craft projects at a local pottery studio.



Judy Sheppard's photo appeared in *The Register Guard* in November on their volunteer recognition page. Since last March, Judy has logged about 600 hours volunteering at Douglas Gardens, Maple, and Yolanda Elementary Schools in Springfield. Among her many tasks are organizing work spaces, setting up classrooms

at the beginning of the year, literacy and math assessments, filing, tutoring students, helping with classroom art projects, and helping with jog-a-thons & book-fairs. At Douglas Gardens she helped set up a supplemental library after a fire destroyed the old one. We are very proud of our Gamma sister.

Alpha Sigma (Lane Co.): members were saddened to learn of the Jan. 4 death a charter member, **Mary Lou Feuerbach**. She had resided in a care center for the past year, suffered a stroke on Jan. 2, and did not recover. During her career, Mary Lou had been an elementary school teacher in Eugene, following years as a social worker. She served as chapter legislative committee chair.

District 4

Tau (Clatsop & Columbia Co.): for the seventh year, Tau, in partnership with the Clatskanie Kiwanis Club, presented paperback dictionaries to each 6th grader at Clatskanie Elementary.

Alpha Omicron (St. Helens): What fun we have had working on T.H.A.T. and S.E.E. projects! Most members volunteered in classrooms during December, helping students make Christmas cards for senior citizens. The project was under the direction of a new initiate! In January, members assisted with reading fluency tests too. The district loves DKG!

District 5

Delta (Mid-Willamette and Yamhill Co.): held a Christmas silent auction to benefit the Emma Henkle Scholarship fund.

Psi (Tillamook & Washington Co.): is particularly pleased to congratulate President **Kelly McIntyre** on her new job, developing an elementary school

counseling program for the Oakridge SD. In addition, she earned National Certification in Counseling. Christmas activity involved work with Homeplate, the Hillsboro program serving homeless youth. As a result of our involvement with them this year, Psi has chosen Homeplate to receive our Excellence in Action Award on March 13 at the Venetian in Hillsboro. We welcomed two transfer members in September: **Bertha Haas & Kathryn Warrior.**

Alpha Delta (Marion Co.): held its annual silent auction on Nov. 5, raising \$328.25 for their grant-in-aid to a graduating bachelor’s or master’s student in education. In October, President **Shalese Stroup** received her \$3,000 scholarship from State Financial Award/Scholarship personnel **Jill Lang** and **Sandy Watts**. October also saw **Geraldine Hammond** being honored by Hammond Elementary with gifts of books and a pink flamingo solar yard light for her 80th birthday.

Alpha Epsilon (Salem & Polk Co): is supporting four early-career educators this year. So far, we have given each teacher \$50 and a 75-book library for their classrooms.

Alpha Nu (Hillsboro, Beaverton, & Washington Co.): Founded in Hillsboro by 19 Washington Co. teachers on November 16, 1962, Alpha Nu celebrated its 50th anniversary with dinner and program at the Rock Creek Country Club. **Beth Busch**, anniversary coordinator, related highlights of Alpha Nu’s educational and community activities over 50 years. An inspirational video *Heart of a Teacher* was shared by Alice Hartness-Reichle, who then conducted a recommitment ceremony in which 28 members recited a recommitment pledge.

Helen Fohl, a 44-year-member and long-time treasurer, was honored

and presented with an appreciation book and a lap quilt. **Elaine Mattson** chronicled Alpha Nu’s story with an entertaining slide show: *Ties That Bind: Friendship and Fellowship*. Honored guests were State President **Alice Hartness-Reichle**, Vice President **Kathy Martell**, and Communications Chair **Eloise Gibson**. Psi Chapter members present were **Roberta Hutton** and Psi President **Kelly McIntyre**.

Beta Beta (Tigard & Sherwood): held its annual silent and oral auctions in November and raised more than \$2,600 for Margaret Nielson Memorial Scholarships, given each spring to women who are about to complete their teacher preparation.

District 6

Eta (Portland): members showed generosity and opened both hearts and pocketbooks for our Friends of the Children family by donating clothes, household goods, and gift cards. The Undies for Kids program continued, too, with new undies donated to a local clothes closet.

Pi (Hood River & Sherman, Wasco & Wheeler Cos.): is off to a great start with business meetings, a jewelry making evening, and a wonderful Christmas Brunch and Auction that raised money for our Early Educator grant-in-aid. We initiated a new member in November. Our chapter is designing a basket to be auctioned at Convention.

Alpha Phi (Clackamas Co.) discussed *Weaving Video into Daily Classroom Living*. PDU certificates were available for this January meeting.

Alpha Pi (Multnomah Co.): had a lovely holiday brunch at the Multnomah Athletic Club in early

December. Entertainment was provided by Re Choir, a wonderful singing group made up largely of Grant High School graduates. Many children’s books and personal hygiene items were donated for the chapter’s ongoing service projects.

RED ROSES FOR INITIATES

Alpha Omicron: Debra Wells 11/1/12
Omega: Marjorie Wiley, 12/8/12
Omega: Cecelia McKee, 12/8/12
Epsilon: Linda Beste 12/15/12
Epsilon: Elaine Sands 12/15/12



WHITE ROSES

Delta: Mavis Y. Regier
Lambda: Genevieve Barham
Psi: June Putzler
Phi: Helen M. Bowers
Epsilon: Eda Jameson
Alpha Sigma: Mary Lee Feuerbach,
Alpha Omicron: Leola Harrison

HAVE YOU APPLIED?

Achievement Awards are presented to three deserving members of Oregon chapters in the categories of *Service to Community*, *Service to Education*, and *Service to Society*. Chapters are encouraged to submit letters of nomination for any member who shows exemplary service in one of these three areas. Clearly indicate the award requested and detail why the nominee deserves the award. The chapter president must sign the nomination letter. Nominations are due on or before **March 15, 2013**, to Carolee Jones, Awards Chairman, 4360 North Foothill Rd., Medford, OR 97504, and/or jonesjc@Hughes.net

ALPHA RHO STATE (OREGON) 2013 STANDING RULES: Proposed Revisions

| The Standing Rules Revision Committee presents the following proposed Standing Rules changes. Proposed changes are in sections labeled “Be Amended by” and “If Adopted Would Read.” The reason for the proposed change is listed in the “Rationale” column. Fiscal impact, if any, and the submitter are both noted. | | | | |
|--|---|---|--|---|
| Item | Present Wording | Amended by | If Adopted Would Read | Rationale |
| SR B, Finances, Sec. 1 | The state annual dues shall be active \$20; reserve \$10. | \$21 for active members and \$11 for reserve members. State dues will be raised \$1 every biennium for the next 5 bienniums beginning with 2013 and ending in 2023. | The state annual dues shall be \$21 for active members and \$11 for reserve members. STATE DUES WILL BE RAISED \$1 EVERY BIENNIUM FOR THE NEXT 5 BIENNIUMS BEGINNING WITH 2013 AND ENDING IN 2023. | We need to be able to reimburse for state officers’ expenses as provided in the SR and Bylaws. This minimal and gradual increase over the next 10 years should allow the state to meet this goal. |
| SR 1, Sec. B, 6.a (1) | State officers (elected and appointed) and related personnel shall receive travel reimbursement, within the limits of the adopted budget, when attending state conventions and state conferences. | Add: (all state committee chairs or their representatives). Delete (and) in front of “related personnel”; add (“and Special Personnel.”) | State officers (elected and appointed), ALL STATE COMMITTEE CHAIRMEN OR THEIR REPRESENTATIVES, related personnel, AND SPECIAL PERSONNEL shall receive travel reimbursement, within the limits of the adopted budget, when attending state conventions and state conferences. | Clarification and specification as to reimbursement for committee chairs and special personnel |
| SR 1, Sec. B, 6.a (3) | State committee members may receive travel reimbursement within the limits of the adopted budget when attending committee meetings that are not held at the state convention. | (members) . . . (committee meetings that are not held at); insert “chairmen” after “committee” and “or conferences” after convention. | State committee CHAIRMEN may receive travel reimbursement within the limits of the adopted budget when attending the state convention AND/OR CONFERENCES. | These people are not “related personnel” so are not included as receiving reimbursement as now stated. They can only claim for meetings not at convention, yet they do need to be at conventions and conferences. |
| SR 1, Sec. B.3 | All requests for reimbursement shall be submitted on a voucher obtained from the Budget Controller. Receipts must accompany the voucher. | Add “or the state website” | All requests for reimbursement shall be submitted on a voucher obtained from the Budget Controller OR THE STATE WEBSITE. Receipts must accompany the voucher. | To match current practice. |
| SR II, Sec. E 1, e | Approve selection of an accountant to conduct a financial review of the treasurer’s books. | (Approve selection of an accountant). Add “by a committee of no less than 3 persons appointed by the president. Committee members should have financial knowledge.” | Conduct a financial review of the treasurer’s books BY A COMMITTEE OF NO LESS THAN 3 PERSONS APPOINTED BY THE PRESIDENT. COMMITTEE MEMBERS SHOULD HAVE FINANCIAL KNOWLEDGE. | No longer required to hire an outside person to do an audit. |
| | | | Fiscal Impact / Submitter | |
| | | | Raise \$700 - \$800 for budget purposes | |
| | | | Submitted by: Vickie Jackson, Chair Finance Committee | |
| | | | Persons would need to stay within budgeted amounts. | |
| | | | Submitted by: Christine Luehring, Finance Committee | |
| | | | None, as persons would need to remain within budget figures. | |
| | | | Submitted by: Christine Luehring, Finance Committee | |
| | | | None. | |
| | | | Submitted by: Christine Luehring, Finance Committee | |
| | | | Save \$1500 annually. | |
| | | | Submitted by: Finance Committee | |

THE NEW OREGON TRAIL

Winter 2013

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International**

Oregon State Organization
Alpha Rho State



Marie Mueller, Editor
527 S.W. Edgewater Dr.
Grants Pass, OR 97527-5489
cwmueller@charter.net
541-479-6726

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Send all address changes to
DKG International Headquarters
P.O. Box 1589
Austin, TX 78767-1589
E-mail to lindad@dkg.org

Copy Eloise Gibson
elog16@comcast.net
and Jill Snyder
snyderjrn@comcast.net

DATES TO REMEMBER

Oregon State 2013 Convention

May 3- 5, 2013

Portland, Oregon

Northwest Regional Conference

July 28 - August 3, 2013

Cheyenne, Wyoming

Oregon State 2014 Convention/Conference

May 2 - 4, 2014

Mt. Bachelor Village, Bend, Oregon

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PRESIDENT ALICE'S SCHEDULE L.E.A.P.ing ACROSS OREGON

Winter/Spring 2013

| | |
|---|---------|
| Alpha Omega (Astoria) | Feb. 4 |
| State Convention Planning Meeting (Milwaukie) | Feb. 15 |
| Phi (Portland) | Feb. 20 |
| State Finance Committee (Portland at Alice's) | Feb. 23 |
| Omicron (Roseburg) | Mar. 19 |
| Lane County Chapters: (Eugene) Lambda, Alpha Sigma, Gamma | Apr. 11 |
| Beta Beta Tea (Beaverton) | May 18 |

NOT YET SCHEDULED?
Call Alice today for a time!